

# What's on at Barnsley Vets for Pets Hospital 24/7 – Summer Newsletter

Read our newsletter for summer tips to keep your pet happy and healthy. Plus, find out what's happening in our practice.

## Did you know cats and dogs can get sunburn?

White or thin coated dogs and white or pale coloured cats are most vulnerable to UV radiation from the sun, especially on their noses and ears. You can help minimise the risk of sunburn in two ways:

1. Keep them inside on very sunny days or keep to the shade.
2. Apply sunscreen. Apply it to the nose and ears especially, but anywhere the fur is thin needs protection.



## Getting hot under the collar...

Heatstroke, or heat exhaustion, occurs when your pet's body temperature rises above its natural level and cannot be brought back down. Worryingly, heatstroke can come on very rapidly – pets can go from looking fine to collapsing in a matter of minutes. Follow our advice below to reduce the risk of your pet overheating:

- Ensure your pet always has fresh water so they don't get dehydrated.
- Avoid leaving your pet in a greenhouse or conservatory in the hot sun. NEVER Leave your dog in a parked car, even if it is just for a minute.
- Make sure there are shaded areas for rabbits/guinea pigs. You may need to move their hutch.
- Walk your dog in cooler periods of the day i.e. early morning and late evening.

If you think your pet is suffering from heatstroke, seek veterinary help immediately.

## Planning to take your pet on holiday this year?

Travelling with your pet can be a difficult subject to navigate – but we have the latest advice and information to make sure your adventure with your four-legged friends runs smoothly.

Pet owners travelling to the EU or Northern Ireland with their dog, cat or ferret are no longer able to use a GB-issued EU Pet Passport. Instead, owners need to obtain an Animal Health Certificate (AHC) from your pet's vet for each individual trip you wish to take your dog, cat or ferret on into the EU or Northern Ireland.

In order to qualify for an Animal Health Certificate, pets must:

- Be microchipped.
- Be vaccinated for Rabies a minimum of 21 days prior to travel.
- Be a minimum of 12 weeks old.

There are a few restrictions and criteria that apply, and actions you need to take when you return home. You can speak to any of our team about pet travel advice and how we can get your pet their 'pet passport'!

For further information, please visit:

<https://www.vets4pets.com/services/travel-with-pets-to-europe-and-northern-ireland/>



# What's on at Barnsley Vets for Pets Hospital 24/7 – Summer Newsletter

**Did you know we offer a wide range of rehabilitation services?**

**Meet Amy, our new Rehabilitation Therapist**



My name is Amy Nightingale and I have recently joined Barnsley Vet4Pets as a Rehabilitation Therapist.

I have a cocker spaniel called Riley at home & four cats called Oliver, Nora, Lennie and Winnie. They definitely keep me on my toes!

In my spare time I love exploring different places, taking the dog to the seaside as he LOVES swimming. I do a lot to help out cat rescues too, which is where most of my cats have come from.

Seeing how animals can benefit so much from hydrotherapy and laser therapy has been amazing for me to see. Even in the short amount of time I have been here I have seen cases with spinal surgery that at the start, could not get back up on their feet, to 8 – 10 weeks in are walking (slowly) in the hydrotherapy tank. It's the most amazing feeling knowing I have been a part of their journey.

**We have an incredible hydrotherapy team on site who offer excellent post-operative and rehabilitation care.**

Hydrotherapy can help in the rehabilitation of patients recovering from surgery and injuries, and dogs with ongoing conditions such as osteoarthritis can also benefit.

We have plenty of pets who join us for hydrotherapy classes to support their fitness and they all really enjoy it too! It might be that you're finding it hard to give your dog as much exercise as they need and along with a healthy, balanced diet hydrotherapy can really support weight loss.

Benefits of hydrotherapy include:

- Relief of pain, swelling and stiffness
- Muscle strengthening and maintenance
- Increased range of motion in the joints
- Improved circulation
- Increased speed of recovery
- Gait modification
- Increased movement
- Slows the progression of degenerative disease
- Weight loss

The warm, clean water provides support and massage of the body, whilst the hydro therapist carefully manages the exercise session on the treadmill.

**Speak to our team about how hydrotherapy may be beneficial to your pet, or to book a session.**

